



ISAF DEVELOPMENT SYMPOSIUM, CAPE TOWN, MARCH 2014



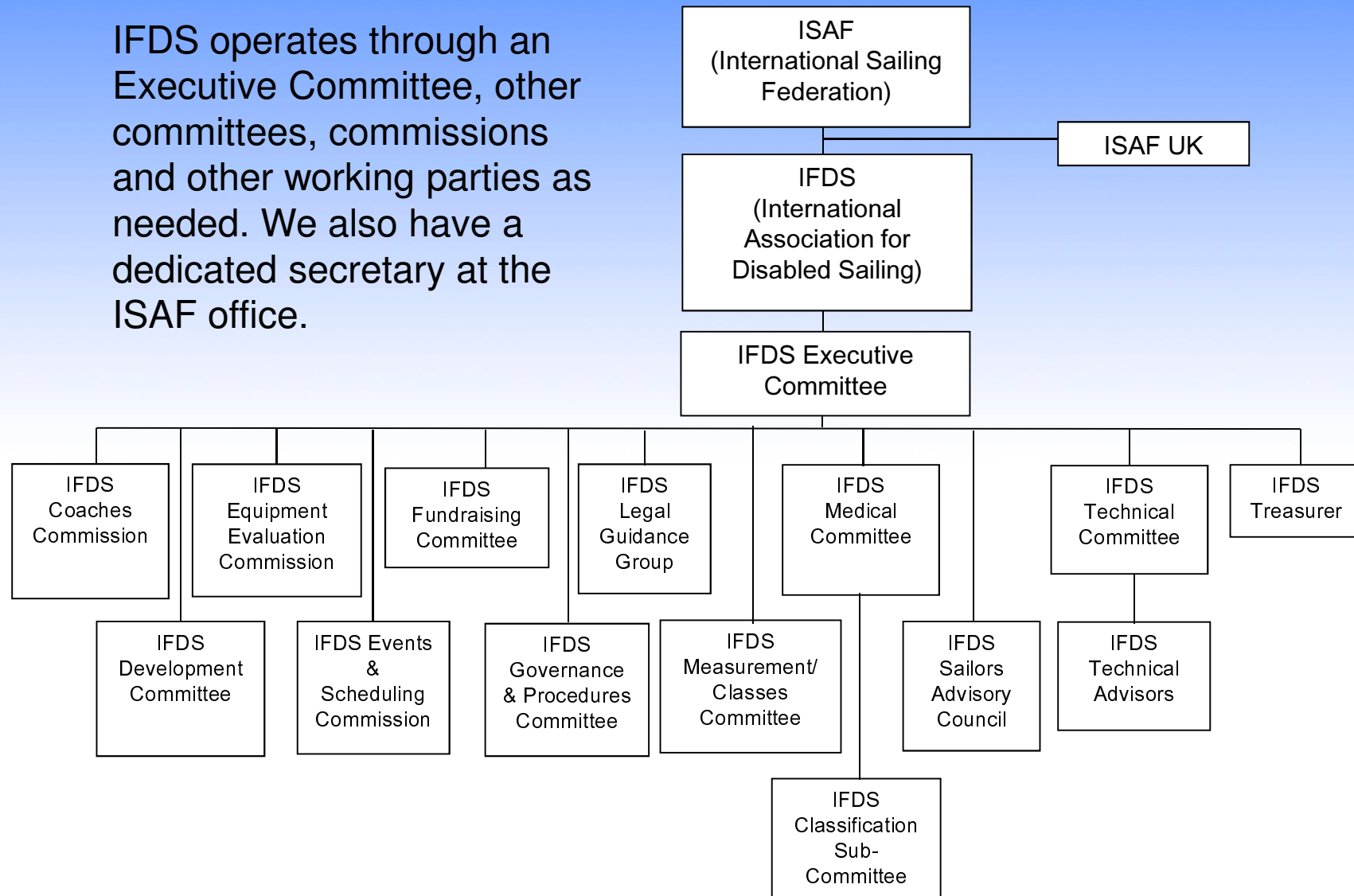
IFDS - The International Association for Disabled Sailing

- Authorized by ISAF to be responsible for sailing for people with disabilities worldwide.
- Until the upcoming merge IFDS is an affiliate member of ISAF and the International Paralympic Committee (IPC) and works with it's members, the Recognized National Authorities (RNAs).
- IFDS promotes all types of sailing for people with all types and degrees of disability.
- The values of IFDS are **equity**, opportunity to **excel** and **empowerment** for sailors with disabilities.

INTERNATIONAL ASSOCIATION FOR DISABLED SAILING



IFDS operates through an Executive Committee, other committees, commissions and other working parties as needed. We also have a dedicated secretary at the ISAF office.



INTERNATIONAL ASSOCIATION FOR DISABLED SAILING



International Competition

- Open
- IFDS Worlds
- Paralympics
- World Cup

Classification, Race management



INTERNATIONAL ASSOCIATION FOR DISABLED SAILING



IFDS Development Committee

Mission:

Develop and promote disabled sailing worldwide through appropriate co-operations.

Oversee the IFDS Communication Strategy, i.e. Bulletin, Website, publications, On-line Forum;
prepare training and promotional materials to support development.

Focus:

- Re-designed website
- Development Seminar in South America, 2014



Sailing for people with disabilities

- Why accessible sailing?
- Who can sail?
- What is possible?
- What does it take?

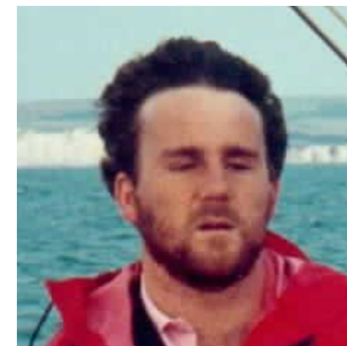
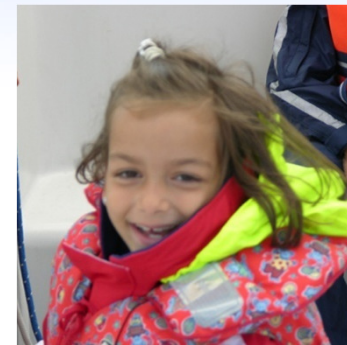


Why accessible sailing?

- Grow participation, membership - Big part of the population has a disability
- Sailing offers unique possibilities for people with disabilities
- All club members benefit from better physical access to the facilities
- Access to funding
- Opportunity for instructors and coaches to broaden their teaching skills

Who can sail?

The versatility of sailing allows anyone to participate. The variety of classes and types of activities makes sailing an amazing sport for people of all ages, abilities and ambitions.



What is possible?

- Cruising
- Sailing school
- Training & club Racing
- International Racing
- Paralympics, Special Olympics, Blind Worlds





What does it take?

- Inclusive attitudes
- Physical access to clubs/ facilities
- Suitable boats
- Instructors/ coaches/ helpers with disability awareness

Physical access to clubs/ facilities

- Walkways
- Pontoons
- Parking
- Toilets
- Social areas



Suitable boats

- Stability
- Uncluttered cockpit
- Seating possibilities
- Simplicity in handling
- Sailing conditions
- Prospective sailors





Instructors / coaches / helpers / volunteers with disability awareness

- Positive, solution-based approach
- Prepared for upcoming situations



INTERNATIONAL ASSOCIATION FOR DISABLED SAILING



How to start forming an inclusive sailing nation

- Make an inventory of your national structure
 - ✓ sailing
 - ✓ disabled sports
 - ✓ disabled sailing
- What is already there? How can you cooperate to share your expertise.
- What is missing: Attitudes, Knowledge, Equipment, physical access to facilities.
- Adapt current or create a pathways structure for sailing in your MNA to include possibilities for sailors with special needs.

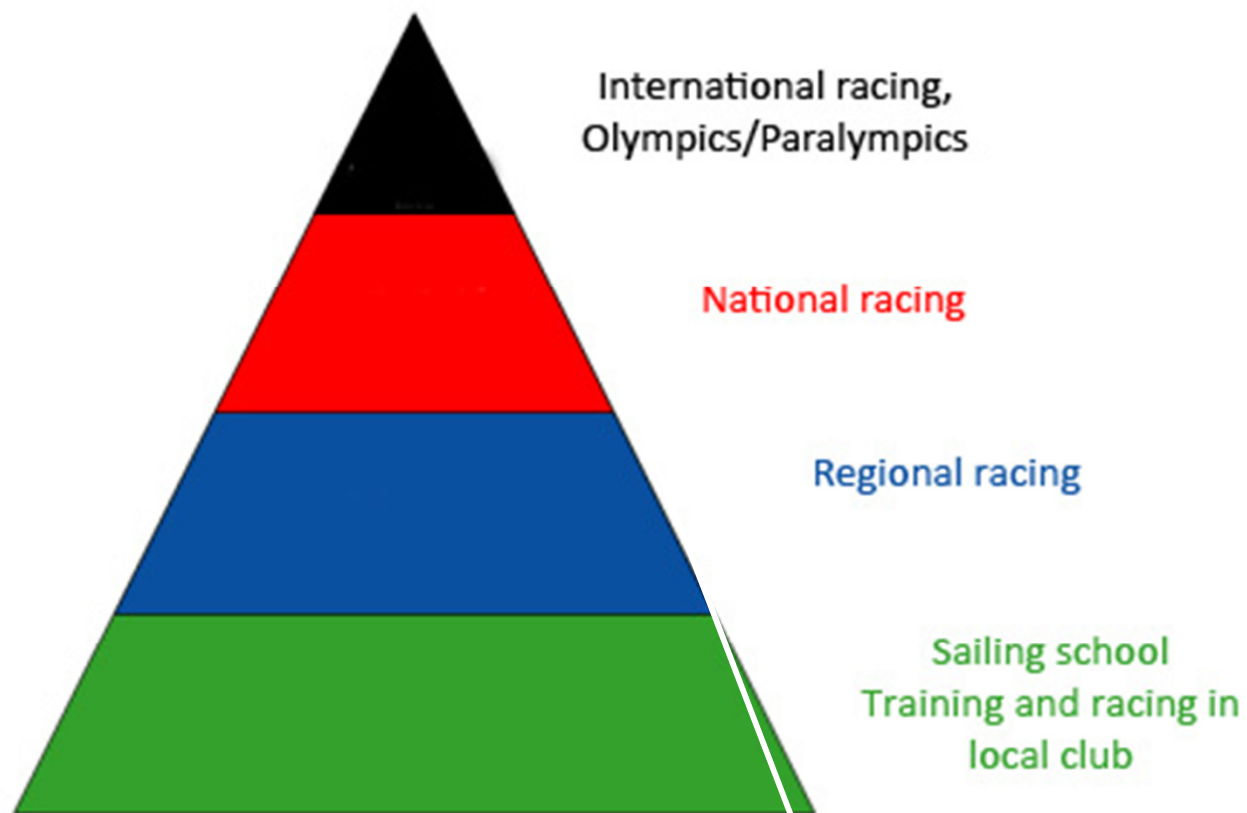


Pathway

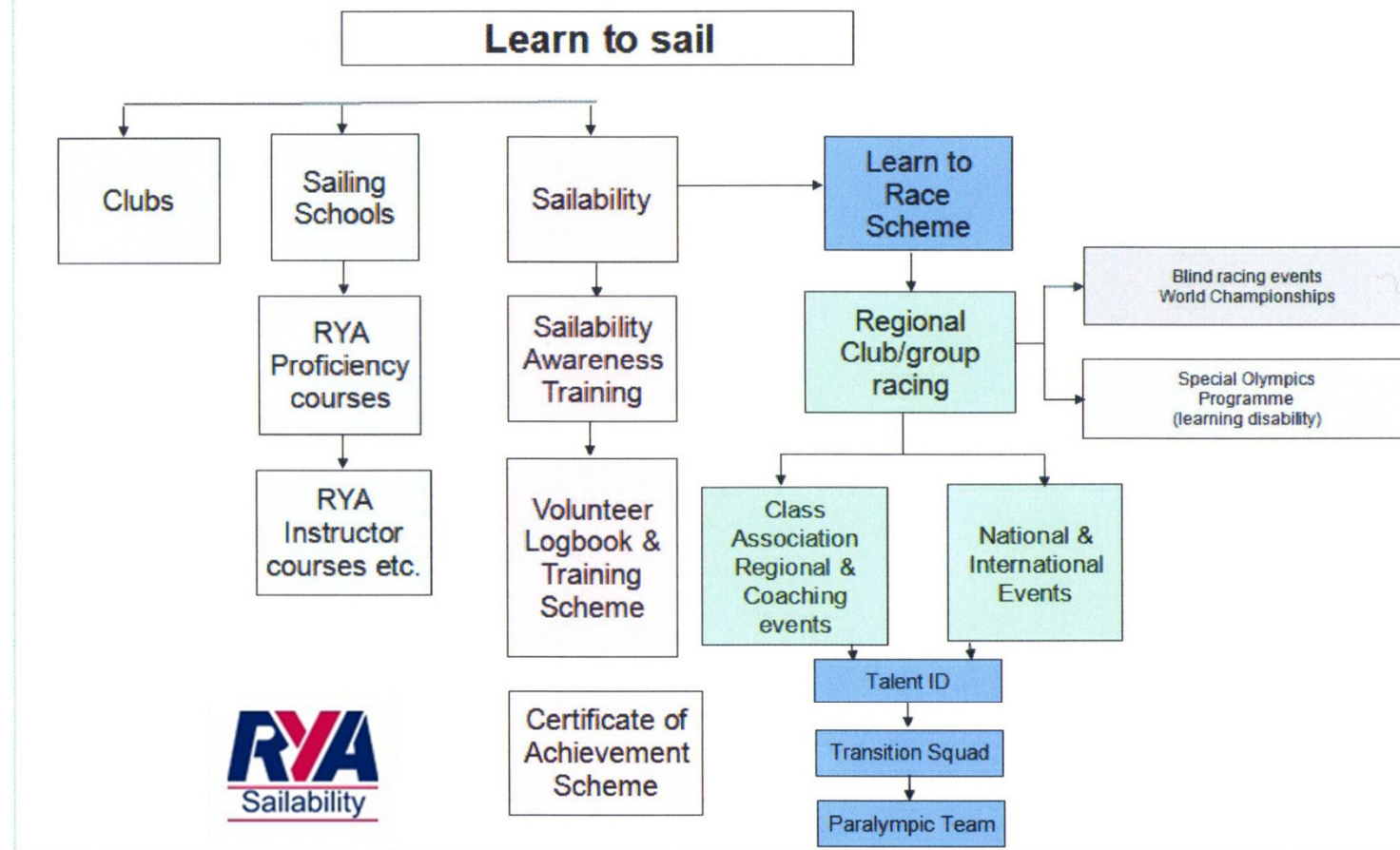
No "one size fits all" Pathway for sailors with disabilities.

Choice of classes sailed / recommended – training & racing opportunities

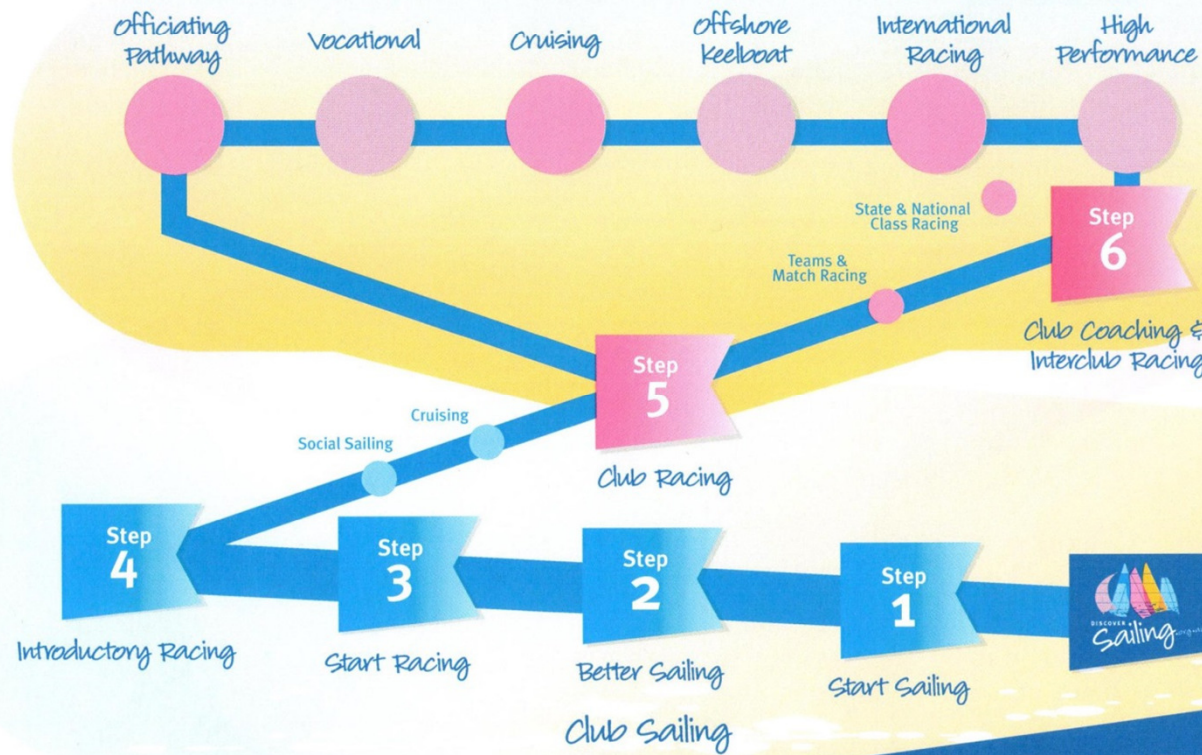
A great place to start to take a complete grip on inclusion.



Sailing Progression



Sailings' Pathways



Emerging nation or established MNA

- Consider inclusiveness in all aspects of developing your programme / MNA from the beginning.
- Add an "Disability awareness related to sailing" module to all training – instructors to race officials.
- Choose/ add developing classes that suits a broad spectre of sailors
- Make sure facilities have basic accessibility to walkways, jetties, toilets, social areas etc.



Help from IFDS

Disabled Sailing manual

- Ideas for Sailors
- Ideas for Helpers
- 'Have a Try' Day
- Organizing a Regatta
- In and Out of Boats
- Adapting Boats
- Access to Clubs
- Instructing
- Cruising
- Disability Awareness
- Getting Organized

You find a link to the manual on the website;

www.sailing.org/sailors/disabled/27760.php

Do not hesitate to contact me or someone else from IFDS for more help!



One of our Goals

All ISAF MNAs takes responsibility for sailors of ALL abilities.

The MNAs have the **knowledge** about the sport, the **clubs** to facilitate activities and **instructors and coaches** with vast sailing experience.

You need to start by opening up and embrace ALL potential participants into our sport.

LET US KNOW HOW WE CAN SUPPORT YOU!



Contact:

Emma Hallén: emma@skotahem.se

IFDS Development: www.sailing.org/sailors/disabled/commitees

IFDS Secretary, Emma Little: emma.little@isaf.com

INTERNATIONAL ASSOCIATION FOR DISABLED SAILING